

NDSU SSHP MEETING

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DIRECTOR OF EXPERIENTIAL OUTREACH AND ASSESSMENT

AND ASSISTANT PROFESSOR OF PRACTICE

OBJECTIVES

- Describe benefits of doing a pharmacy residency
- Discuss common residency questions from students
- Provide examples of things you can do NOW!

BENEFITS OF RESIDENCY

- Goal by ASHP that by 2020 residency is a requirement for direct patient care
- Long term job satisfaction
- More competitive job market
- Networking
- Determine interest
- Feedback
- Leadership
- Confidence

1. WHAT ARE EXAMPLES OF JOBS THAT REQUIRE A RESIDENCY?



POST-RESIDENCY POSITIONS

- PGY1 pharmacy residency
 - Internal Medicine Clinical Pharmacist
 - Enterprise Formulary Manager
 - Informatics Coordinator
 - Anticoagulation Clinic Clinical Pharmacist
- PGY2 oncology residency
 - Assistant Professor NDSU/Oncology Clinical Pharmacist
- PGY2 critical care residency
 - Clinical Manager/ICU Clinical Pharmacist

2. WHAT DO PHARMACY RESIDENTS DO?





Breanna
Medical Home

- Call diabetic patients
- Adjust medications as needed
- Patient appointments
- Lunch
- Topic discussion with preceptor
- Precept students
- Project time



Todd
Administration

- Formulary meeting
- Budget meeting
- Workflow discussion
- Lunch
- Quality improvement project
- Policy discussion
- Project time



Carly
Critical Care

- Work up patients
- Interdisciplinary Rounds
- Kinetics, warfarins, TPNs
- Lunch???
- Topic discussion
- Journal club
- Project time



Ashley
Outpatient Oncology

- Review patients
- Patient appointments
- Lunch
- Nursing in-service
- Patient appointments
- Topic discussion
- Project time

3. HOW MUCH OF A TIME COMMITMENT
ARE RESIDENCY PROGRAMS? WHAT IS THE
BEST WAY TO MAINTAIN A HEALTHY WORK
LIFE BALANCE?



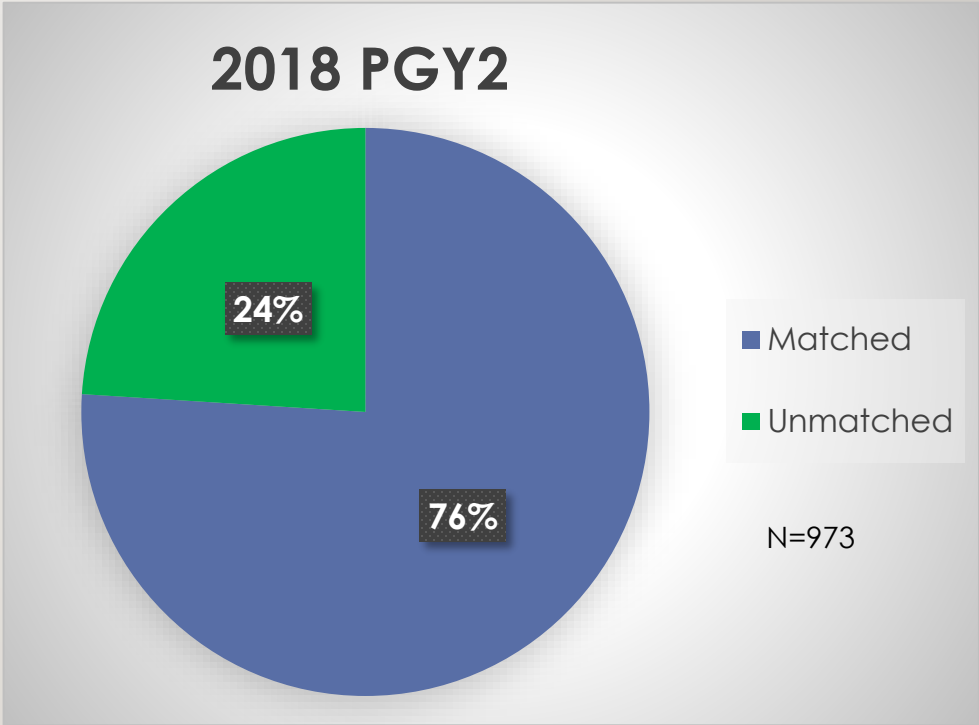
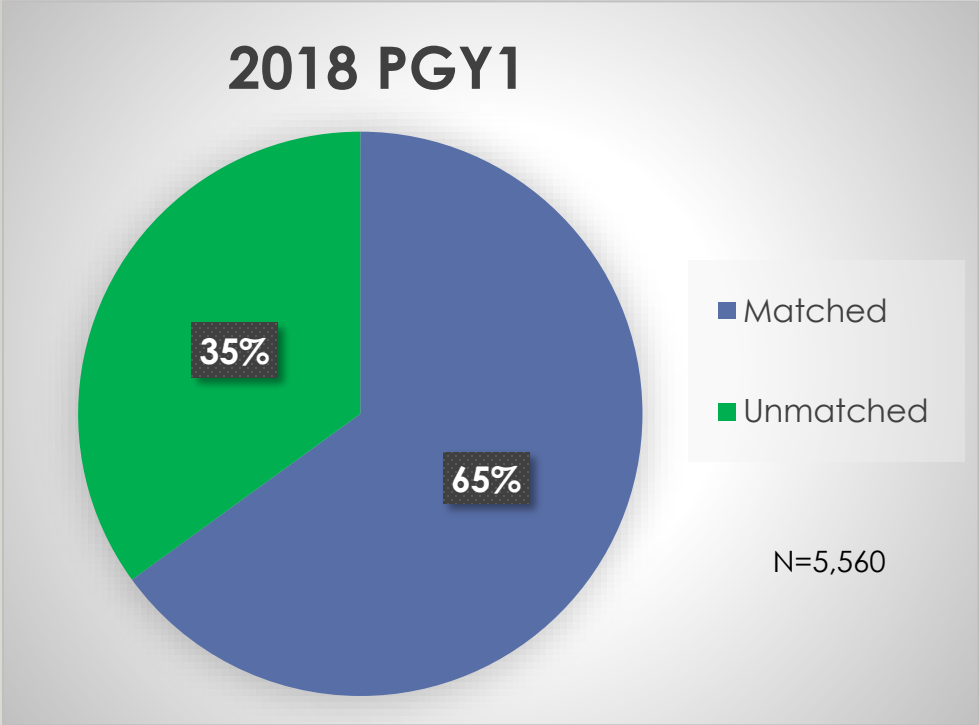
TIME/BALANCE

- You get out what you put in
- Stay on task
- Ask for help prioritizing tasks if drowning
- Schedule time for exercise/hobbies/friends/family
- Positive folder in email
- Use resources available – EAP

4. HOW HARD IS IT TO GET A PHARMACY RESIDENCY?

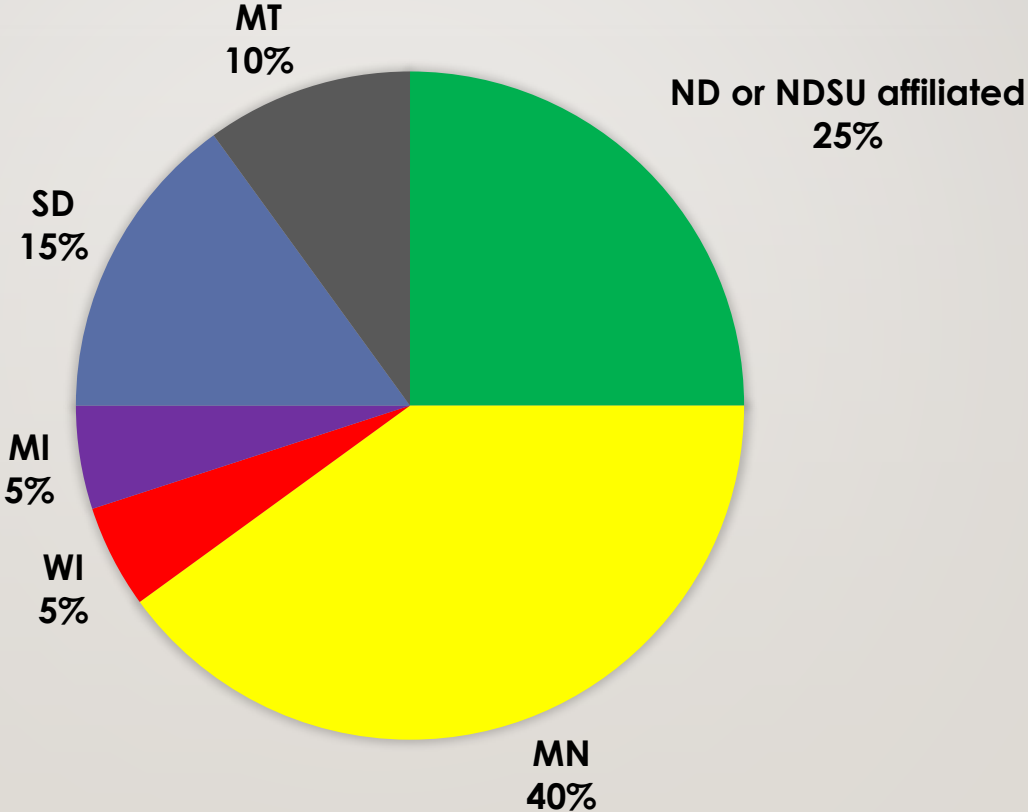


2018 APPLICANT MATCH STATISTICS



2018 NDSU STUDENT PLACEMENT STATISTICS

N=20



5. OTHER THAN THE ASHP RESIDENCY DIRECTORY, HOW CAN STUDENTS LEARN INFORMATION ABOUT WHAT RESIDENCIES ARE AVAILABLE?



NETWORKING!

- Employers
- Preceptors
- Faculty
- Current residents
- P4 students
- State Pharmacy Convention
- ASHP Midyear Meeting
- Residency fairs (NDSU, MSHP, SDSU)
- APhA-ASP Midwest Regional Meeting
- NDSHP events

6. HOW SHOULD A STUDENT GO ABOUT SELECTING A RESIDENCY PROGRAM THAT IS THE BEST FIT?



ITEMS TO CONSIDER

- Types of patients- ex. no peds at VA
- Types of rotations-ex. Transplant
- Size of hospital
- Where are former residents?
- Were research projects published?
- PGY2 program?
- Number of residents
- Is a teaching certificate available/precepting opportunities?
- Location
- Staffing requirements/call
- Culture of residency program
- Level of support/program reputation
- ASHP accredited?
- Professional meeting support

7. WHAT MAKES A STUDENT STAND OUT IN AN APPLICATION?



WELL-ROUNDED

- GPA
- Work experience
- Leadership experience
- Clinical rotations – types, projects
- Research/presentation experience – beyond rotation requirements, published in peer reviewed journal, national presentation experience
- Letters of recommendation
- Letter of intent **Don't only describe what the residency program can do for you, describe what you can do for the residency program

8. HOW DOES THE MATCH WORK?



THE MATCH

Madeleine

Sanford

VA

St. A's

Nick

VA

Sanford

St. A's

McKenzie

Sanford

VA

.

THE MATCH

VA (2 spots)

McKenzie

Nick

Madeleine

Madeleine

Sanford (1 spot)

Nick

McKenzie

Madeleine

St A's (1 spot)

Nick

McKenzie

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St. A's

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VA



THE MATCH

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McKenzie

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Nick

McKenzie

Madeleine

Madeleine



Madeleine

McKenzie

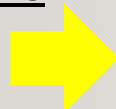
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McKenzie



Sanford



VA

Sanford

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Sanford

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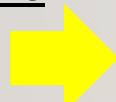
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McKenzie



Sanford



VA



Sanford

VA

Sanford

VA

St. A's

St. A's



THE MATCH

VA (2 spots)

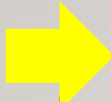
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St A's (1 spot)

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Nick



McKenzie

Madeleine



Madeleine

Madeleine

McKenzie

Madeleine

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McKenzie

Sanford

VA

Sanford



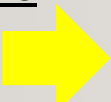
VA

Sanford

VA

St. A's

St. A's



9. WHAT QUESTIONS DO YOU RECOMMEND
TO ASK A POTENTIAL RESIDENCY SITE
DURING AN INTERVIEW?



INTERVIEWS

DO

- Discuss dates with APPE preceptors
- Practice
- Research the program
- Wear a suit
- Write a thank you note
- Possibly ask to tour prior to interviews
- Be personable/friendly even if nervous
- Carry-on your suit & shoes
- Try to find your location the day before if possible
- If given names of interviewers Google/PubMed them

DON'T

- **Ask anything that can be found on the website
- Act unprofessional
- First question ask about staffing requirements
- **Show up unprepared
- Only discuss how you will benefit from a residency

POTENTIAL INTERVIEW QUESTIONS

- Is there a formal mentoring program for new residents?
- Is there any formal training for residents on how to teach students and other learners effectively, and how to provide feedback? (If website doesn't mention teaching certificate)
- What were areas of non-compliance or partial compliance on the last ASHP accreditation survey and what is being done to become compliant?
- What support is available for the research project?
- What types of positions are former residents currently in?
- Ask a specific question about a publication you saw the Residency Program Director or other interviewer on
- Ask if they have any reservations or hesitations about you that you can address?

10. HOW CAN YOU BE MORE INVOLVED IN THE STATE NDSHP CHAPTER?



NDSHP EVENTS

NDSHP Summit and Expo

When **25 Oct 2018**
8:00 AM - 5:00 PM

Location Radisson Hotel, Fargo,
ND

Registered **12 registrants**

Registration

- **NDSHP Member - Attend Summit and Volunteer for Expo**
This option is for representatives of Health-System Pharmacies that are representing their Health-System at BOTH the Summit and have a booth at the Expo.

If you are interested in this option, please email admin@ndshp.org for the registration code.

Registration is free to all current members.

- **NDSHP Member - Summit Only - \$25.00**
I am attending the Summit only.

Registration is free to all current members.



Overview

The Expo portion will be held from 8am to 12pm and the Health-System Summit will be held from 1pm to 5pm on Thursday, October 25, 2018 at the Radisson Hotel in Fargo, North Dakota. Breakfast, lunch and snacks will be provided.

A block of rooms is reserved under the North Dakota Society of Health System Pharmacists. Reservations can be made by calling the hotel directly. Group rate reservations are on a first-come basis and must be made by October 15, 2018.

Space is extremely limited and will be on a first-come basis, so please respond quickly so that we can ensure your spot.

Summit

NDSHP EVENTS

ADVANCE: Advance Yourself, Your Practice, and Your Career

When **10 Nov 2018**
9:00 AM - 3:30 PM

Location **Prairie Den; 122 1/2
Broadway N, Fargo
58102**

Registration

- Pharmacist - \$25.00
- Student/Resident - \$10.00

NOVEMBER
10
2018

ADVANCE:
**Advance Yourself, Your
Practice and Your Career**
A Pharmacy Leadership Workshop

WHERE: **The Prairie Den**
122 1/2 Broadway N - Downtown Fargo

WHEN: **Saturday, November 10th 9am-3:30pm**

Join us for a day of personal and professional growth by attending this novel leadership workshop. Gain valuable experience by attending hands-on sessions focused on implementing a new service into your workplace. Network and form valuable connections with area pharmacy leaders. Learn transferrable skills such as goal setting, time management and selling your idea.

Everyone is welcome - It doesn't matter where you are in your leadership journey, there is something for you!

REGISTER:

<https://nodakpharmacy.net/wordpress1/convention/leadership-workshop/>
Students/Residents: \$10 Pharmacist: \$25

Sponsored By:



NDSU

Schedule of Events:

- 9:00-9:15** Welcome
- 9:15-10:15** Goal Setting & Visioning for the Future
Jay Peltier, President/Owner Dale Carnegie of ND/MN
- 10:15-10:30** The Power of One
Maari Loy, PharmD, BCPS, MBA, Past-President NDSHP,
Pharmacist -Network Hospital Pharmacies, Ambulatory
Pharmacies and Clinics Sanford Health
- 10:45-12:15** Financial Analysis of Implementing New
Services or Positions
Tim Weinnert, RPh, Chief Operating Officer

Top 5 Reasons to Attend:

1. Enhance Leadership Skills
2. Learn how to implement a new service into your

NDSHP EVENTS

Upcoming events

PRECEPTOR CONSIDERATIONS: LAYERED
LEARNING MODEL, WELL-BEING AND RESILIENCE -
DECEMBER EDUCATION MEETING

09 Oct 2018 12:00 PM • Webinar, conference call



NDSHP SUMMIT AND EXPO

25 Oct 2018 8:00 AM • Radisson Hotel, Fargo, ND



ADVANCE: ADVANCE YOURSELF, YOUR PRACTICE,
AND YOUR CAREER

10 Nov 2018 9:00 AM • Prairie Den; 122 1/2 Broadway
N, Fargo 58102



ANTIMICROBIAL STEWARDSHIP NETWORKING
MEETING

13 Nov 2018 12:00 PM • Webinar, conference call



DAKOTA NIGHT ASHP MID-YEAR CLINICAL
MEETING

03 Dec 2018 5:30 PM (EST) • Clarion Hotel,
Orangewood Rooms 1 & 2; Anaheim, CA

11. WHAT CAN YOU DO NOW?



P1/P2

- Go to class
- Get a job
- Be involved in pharmacy organizations/volunteer
- Talk to upperclassmen/professors/employers
 - Ask about rotations
 - Look at ASHP online residency directory

P3

- Don't give up on classes/work
- Take on leadership position
- Work on publishing/presenting research
- Talk to current residents
- Begin researching programs on ASHP's online residency directory website
- Think about potential letter of recommendation writers/look at CV examples
- Plan to attend ASHP Midyear this year if possible

P3 TIPS FOR ROTATIONS

- Assume you are interviewing (even if not with Residency Program Director, preceptors)
- Pick “challenging” clinical rotation experiences (can include all on CV)
 - Challenging=clinical/administrative level rotations (similar to options available in prospective residency program), Board Certified preceptors, faculty preceptors
- Talk to faculty/employers/preceptors
- Talk to current residents
- Be involved at site
- Ask for feedback on journal clubs/presentations/cases to use for interviews
- Residency not the same as another year of P4 rotations

P4

- Attend NDSU &/or area Residency Fairs
- Enter clinical skills competition
- Treat rotations as mini-interviews
- Register for Match Number/PhORCAS
- Have several people proof your CV/cover letter
- Attend ASHP Midyear –remember pharmacy is a small world
- Discuss letters of recommendation with writers
- Practice interviewing

HELPFUL RESOURCES

- Current residents
- Professional organization websites –ASHP, ACCP etc.
- NDSU faculty
- Preceptors/employers
- NDSU Career Center